

50-Point Senior Living Comparison Checklist

Your Guide to Finding the Right Community

Presented by



SPRING HAVEN
SENIOR LIVING

How to Use This Checklist

Choosing the right senior living community is one of the most important decisions you or your family will make. This checklist is designed to help you compare communities side by side.

Print a copy for each community you visit. Check off each item during your tour or phone call. The community with the most checkmarks across all five categories may be the best fit.

Take your time — and don't hesitate to ask questions. You deserve a place that feels like home.

Community Name: _____

Date of Visit: _____ **Tour Guide:** _____

Quick Tips for Your Visit

- **Visit at mealtime** — Join a meal to experience the food and dining atmosphere firsthand.
- **Talk to the staff** — Ask how long caregivers have worked there. Low turnover is a great sign.
- **Trust your senses** — Does it smell clean? Feel warm? Sound like a place people enjoy?
- **Observe the residents** — Are they engaged, socializing, and comfortable? That says a lot.
- **Ask about 'what ifs'** — What happens if care needs change? Know the plan in advance.
- **Bring a family member** — A second perspective helps you notice things you might miss alone.



Care & Medical Services

Score: ____ / 10

- ☐ 1. Personalized care plans tailored to individual needs
- ☐ 2. 24-hour access to licensed medical professionals
- ☐ 3. Daily assistance with bathing, dressing & grooming
- ☐ 4. Medication management and delivery assistance
- ☐ 5. Regular wellness assessments and care plan updates
- ☐ 6. On-site or coordinated physician visits available
- ☐ 7. Higher levels of care available as needs change
- ☐ 8. Emergency call system in every room
- ☐ 9. Chronic condition management support
- ☐ 10. Clear communication with families about care changes

Living Spaces & Comfort

Score: ____ / 10

- ☐ 1. Private and shared apartment options available
- ☐ 2. Private bathrooms included in apartments
- ☐ 3. Individual climate control in each unit
- ☐ 4. All utilities included (electric, water, cable)
- ☐ 5. Personal laundry services provided
- ☐ 6. Housekeeping and linen service included
- ☐ 7. Well-maintained, clean, and homelike environment
- ☐ 8. Secured outdoor courtyard and lounging areas
- ☐ 9. Common areas for socializing and family visits
- ☐ 10. Private dining room available for special occasions

Dining & Nutrition

Score: ____ / 10

- ☐ 1. Three freshly prepared meals served daily
- ☐ 2. Menus created with nutrition and variety in mind
- ☐ 3. Special dietary needs and restrictions accommodated
- ☐ 4. Dining assistance available when needed
- ☐ 5. Snacks and hydration available between meals
- ☐ 6. Comfortable, restaurant-style dining experience
- ☐ 7. Meals prepared on-site (not pre-packaged)
- ☐ 8. Seasonal or rotating menu options offered
- ☐ 9. Guest meals available for visiting family
- ☐ 10. Flexible dining times or meal delivery if needed

Activities & Social Life

Score: ____ / 10

☐ 1. Full social calendar and life enrichment program☐ 2. Physical fitness classes or exercise programs☐ 3. Mental stimulation activities (games, crafts, etc.)☐ 4. Spiritual or faith-based programming available☐ 5. Outings and off-site trips offered regularly☐ 6. Holiday celebrations and themed events☐ 7. Opportunities to pursue personal hobbies☐ 8. Family involvement encouraged at events☐ 9. Social spaces that encourage connection☐ 10. Emotional well-being support and engagement

Staff, Safety & Value

Score: ____ / 10

- ☐ 1. Staff-to-resident ratio promotes quality attention
- ☐ 2. Staff trained in senior and memory care needs
- ☐ 3. Background-checked, licensed professionals on site
- ☐ 4. Warm, compassionate, and consistent team culture
- ☐ 5. Facility is licensed and in good regulatory standing
- ☐ 6. Transparent pricing — no hidden fees or surprises
- ☐ 7. All-inclusive pricing covers core services
- ☐ 8. Convenient location for family visits
- ☐ 9. Strong reputation and positive family reviews
- ☐ 10. Tours and trial visits offered before commitment

Tally Your Results

Transfer each category score below to compare communities at a glance.

Category	Community 1	Community 2	Community 3
Care & Medical Services	___ / 10	___ / 10	___ / 10
Living Spaces & Comfort	___ / 10	___ / 10	___ / 10
Dining & Nutrition	___ / 10	___ / 10	___ / 10
Activities & Social Life	___ / 10	___ / 10	___ / 10
Staff, Safety & Value	___ / 10	___ / 10	___ / 10
TOTAL SCORE	___ / 50	___ / 50	___ / 50

Notes & Impressions

Ready to See the



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Difference?

Schedule a personal tour and see why families
across Winter Haven choose us.

We'd love to walk through this checklist with you in person.

 **863-293-0072**



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